



# CANTEEN MENU & PRICE LIST 2024

*Prices are subject to change at any time*

## EVERY DAY – COLD FOOD

|                                |        |
|--------------------------------|--------|
| Salad Box *GF                  | \$5.00 |
| Salad Box (with meat)          | \$5.50 |
| <b>Sandwiches: (2 x 1/4's)</b> |        |
| Jam                            | \$1.00 |
| Ham                            | \$2.00 |
| Beef                           | \$2.00 |
| Chicken                        | \$2.00 |
| Egg & Lettuce                  | \$2.00 |
| Beef / Ham / Chicken & Salad   | \$2.50 |
| Salad only *V                  | \$2.50 |

## Salad Rolls:

|   |        |
|---|--------|
| Salad only *V                                     | \$4.50 |
| Ham & Salad                                       | \$5.00 |
| Beef & Salad                                      | \$5.00 |
| Chicken & Salad                                   | \$5.00 |
| Bacon Roll (Cheese, Lettuce & Tomato)             | \$5.00 |
| Focaccia Roll (Chicken, Cheese, Lettuce & Tomato) | \$5.00 |
| 1/2 Lavash Salad Wrap *V                          | \$3.50 |
| 1/2 Lavash Wrap (Chicken, Lettuce & Cheese)       | \$4.00 |

## EVERY DAY – HOT FOOD (HOMEMADE)

|                                |        |
|--------------------------------|--------|
| Korma Chicken Curry & Rice *GF | \$4.50 |
| Butter Chicken & Rice *GF      | \$4.50 |
| Honey Soy Chicken & Noodles    | \$4.50 |
| Satay Beef & Rice *GF          | \$4.50 |
| Beef Curry & Rice *GF          | \$4.50 |
| Vegetarian Fried Rice *V       | \$4.00 |
| Fried Rice (with bacon)        | \$4.50 |
| Macaroni Cheese *V             | \$3.50 |
| Macaroni Cheese (with ham)     | \$4.00 |
| Lasagne                        | \$4.50 |
| Vegetable Lasagne *V           | \$4.50 |
| Garlic Bread *V                | \$2.00 |
| Zucchini Quiche *V             | \$2.50 |

## HOT FOOD

|                                     |        |
|-------------------------------------|--------|
| Plain Pies                          | \$5.00 |
| Flavoured Pies                      | \$5.50 |
| Sausage Rolls (Light)               | \$3.00 |
| Hotdogs (with 97% fat free sausage) | \$5.00 |
| Chicken Breast Nuggets - 3 pack     | \$3.00 |
| Chicken Crackles - 3 pack           | \$3.00 |
| Chicken Tender                      | \$2.00 |
| Chicken Devil Fillet                | \$3.00 |
| Pizza Single                        | \$3.00 |

## SNACKS

|                                    |        |
|------------------------------------|--------|
| Fruit: Apples, Oranges             | \$1.20 |
| Fresh Fruit Salad Tub *GF          | \$4.50 |
| Dried Fruit & Nuts Snack Tub       | \$2.50 |
| Yoghurt *GF                        | \$3.50 |
| Small range of cakes               | \$1.50 |
| Potato Chips (single serve - 28gr) | \$2.00 |
| Popcorn                            | \$1.00 |
| Hans Salami Striker Sticks *GF     | \$2.00 |
| Scone & Jam                        | \$3.50 |
| Arnotts Biscuits                   | \$0.50 |
| Mini Cookies                       | \$1.00 |

## FROZEN PRODUCTS

|                               |        |
|-------------------------------|--------|
| Frozen Yoghurt                | \$3.50 |
| Frozen Mango                  | \$4.50 |
| Zings                         | \$1.00 |
| Mini Drumsticks               | \$2.00 |
| Milo Cups                     | \$3.50 |
| Icy Poles                     | \$2.00 |
| Lifesavers                    | \$2.50 |
| Berri Cups (100% juice 110ml) | \$1.00 |

## DRINKS

|                                      |        |
|--------------------------------------|--------|
| Mt Elliott Water - 1.5Ltr            | \$3.50 |
| Cooroy Water - 1Ltr                  | \$3.00 |
| Water - 600ml                        | \$2.00 |
| N.U. Sparkling Water - 500ml         | \$2.50 |
| Nutrient Water - 575ml               | \$5.00 |
| Pump Water - 750ml                   | \$3.50 |
| Waterfords Flavoured Sparkling Water | \$4.00 |
| Berri Pop Top                        | \$3.00 |
| Lipton Ice Tea -500ml                | \$4.50 |
| Powerade (no sugar)                  | \$5.00 |
| Orchy 100% Juice - 350ml             | \$3.50 |
| Poppers 100%                         | \$2.00 |

## MILK

|                              |        |
|------------------------------|--------|
| Plain Milk - 500ml           | \$2.50 |
| Flavoured Milk Small - 300ml | \$3.00 |
| Flavoured Milk Large - 500ml | \$5.00 |
| Farmers Union Coffee - 600ml | \$5.00 |
| Big M Milk Popper - 200ml    | \$2.50 |
| Nippys Milk Poppers - 375ml  | \$4.50 |
| Lactose Free Milk - Large    | \$5.00 |

### STAFF ORDERS:

In by 9.00am

### STUDENTS ORDERS:

In by 8.40am

\*V = Vegetarian \*GF = Gluten Free \*DF = Dairy Free

### BREAK TIMES

**RECESS** 11:20 - 12:00

**LUNCH** 1:10 - 1:50



(to be ordered by 9:00am)

## MONDAY

|                               |             |
|-------------------------------|-------------|
| Chicken Subs (Mexican, Texan) | Full \$6.50 |
|                               | Half \$3.50 |

(Sweet chilli tenders, lettuce, cheese, salsa & sour cream or ranch dressing)

## TUESDAY

|                        |        |
|------------------------|--------|
| Pasta Bolognaise Small | \$4.00 |
| Pasta Bolognaise Large | \$5.50 |
| Lamb Yiros             | \$7.00 |

*Gluten free pasta available on request for an extra \$0.50*

## WEDNESDAY

|                           |        |
|---------------------------|--------|
| Hamburger                 | \$7.50 |
| Lamb Burger (Greek Style) | \$7.50 |
| Bacon Burger              | \$7.50 |
| Chicken Burger            | \$7.50 |
| Cheese Burger             | \$6.50 |
| Vegetarian Burger *V      | \$7.50 |
| Steak Burger              | \$8.50 |
| [with egg, extra]         | \$1.00 |

*Gluten free rolls available on request for extra \$0.50*

## THURSDAY

|                            |        |
|----------------------------|--------|
| Beef/Chicken & Gravy Rolls | \$5.00 |
| Subway Subs *some V        | \$7.00 |

## FRIDAY

|   |        |
|---|--------|
| Fish Burger (Lettuce & Tartare Sauce)       | \$6.50 |
| Fish & Salad Burger (Salad & Tartare Sauce) | \$7.50 |
| Chicken Burger                              | \$7.50 |

*Gluten free rolls available on request for extra \$0.50*

## ANY DAY

|                                       |        |
|---------------------------------------|--------|
| Jaffles (filled with desired filling) | \$5.50 |
|---------------------------------------|--------|

*Gluten free bread available on request for extra \$0.50*

**Specials may change depending on popularity**



**BreakfastTime**

## BREAKFAST

8.15am - 8:45am

|             |        |
|-------------|--------|
| Pancakes    | \$1.50 |
| Hash Browns | \$1.00 |